

708 Board Planning Committee
April 24, 2015 – 1:30 p.m.
Jackson County Board Office

Present: Margo Willis, Kathy Baumann, Renee Schwartz

Absent: Linda Flowers

Planning Committee Chair Margo Willis called the meeting to order at 1:15 p.m.

Motion by Willis, seconded by Baumann, to approve the minutes of March 27, 2015. Motion carried on a unanimous voice vote.

There were no citizen comments for the Committee to review.

Ms. Schwartz stated that she had reached out to NAMI (National Alliance on Mental Illness) Jackson County to see if a representative from that group could be this month's featured guest speaker. Ms. Mary Gray, President, responded

"Thank you for your kind invitation to NAMI Jackson County to attend the upcoming 708 Board meeting. We appreciate the interest of the Board in hearing from NAMI and would ask that we be provided an opportunity to be represented at a later date since the April 24 meeting is not feasible for us.

"I also appreciated receiving the packet of information that you mailed to me earlier this year and have kept it for future reference. We are reorganizing our group at this time and hopefully will be in a better position to collaborate with you regarding the mental health needs of our community in the future."

The Committee moved on to the summary of the First Quarter Status Reports & Needs Assessments which Ms. Schwartz had compiled. She was asked to attach this document to the minutes and to include it in the packet for the full 708 Board meeting on May 18th. In addition, she was asked to send it electronically to the full Board and all the agencies in advance for perusal. Ms. Willis asked, should this be included in the 1-year and 3-year plan as an Appendix, that it be polished to either be all in bullet points or all in paragraph form. Currently it is a quick summary of the agencies' own words.

Ms. Schwartz shared a possible template for the 1-year and 3-year plan. This is the table of contents from the McHenry County 708 Board's three year plan for 2012 – 2013 – 2014. It was the consensus of the Committee to use this as a starting point (Ms. Willis referred to it as a "mentor text") and then to revise it to be specific to the 708 Board of Jackson County. Ms. Schwartz stated that she would use the template to start a draft and would get as much done as possible before her maternity leave.

The Committee then reviewed the draft priorities as summarized in the March meeting minutes. These were a compilation of items the Committee had talked about in their January, February, and March gatherings. Ms. Baumann had been unable to attend the March meeting and her opinion was solicited.

For all Goals, detailed specific, actionable, and measureable Objectives will be written. Ms. Schwartz was asked to draft these in order to make the suggested Goals clearer for the May Board meeting.

The following 1 year goal was discussed:

“increase the size and improve the diversity of the Board”

Ms. Baumann mentioned that this will require a bylaw change. The Board would be increased from 7 to 9 members, as is allowed by statute. Additional members would ideally allow for a more geographical representation from within the County, as well as include a better representation of the populations served by 708 Board funding. The Committee would specifically seek members who had been personally affected by Mental Illness, Intellectual/Developmental Disabilities and/or Substance Abuse.

Ms. Baumann stated that it is not always easy to find the right candidates for a Board but that this is a goal worth setting and, even if it takes a while to get there, the Board should stay with it and find people who have that life experience. She stated that, as she has done with the Board of S.T.A.R.T., the number of Board members representing the populations served should be limited. This allows for balance.

The following 1 year goal was discussed:

“expand the general funding guidelines to include for-profit agencies”

It had been mentioned early in the Committee’s discussions that neither the state statute nor the 708 bylaws limit the types of organizations which the Board can fund; however, the “General Funding Guidelines” document does state that only non-profit organizations are eligible. This has also been the wording in the Legal Notice for funding applications which is posted in the newspaper each year. Expanding the funding guidelines would allow for helping the maximum number of organizations in our community. Ms. Baumann stated that this would be a yes/no vote for the Board and would not require a bylaw change. It would simply entail a modification of the “General Funding Guidelines” document.

The following 1 year goal was discussed:

“revise the funding application process and add rigor and increased accountability”

This suggestion would be passed on to the Budget Committee, if approved by the Board, and they would be asked to evaluate and possibly revise the current funding application process. At this time, returning agencies complete only a one page form. New agencies complete an initial application, undergo a site visit process, and complete an additional eleven page form. Additional options besides updating the forms could also be considered; an interview or narrative component could be added. Ms. Willis suggested the possibility of creating a rubric which would be used to score funding applications.

Ms. Baumann indicated that the bylaws should be reviewed annually. Ms. Willis stated that there could perhaps be a standing Legislative Committee, who would have this as their task. She felt that an HR person should review the bylaws for legal compliance as well as for editing. Ms. Schwartz was asked to add this to the list of 1 year goals.

Ms. Schwartz stated that these were all of the 1 year goals. However, the Planning Committee has already done a significant amount of work. When writing the document, she would like to incorporate steps that we have already taken (such as adding a needs assessment survey to the first quarter status report template) into the 1- and 3-year plan document and list them as completed achievements. This was approved.

The following 3 year goal was discussed:

“develop and deepen community partnerships by reaching out to more organizations”

Ms. Baumann suggested that the word “more” be omitted. Besides having Miriam Link-Mullison attend the previous meeting of the Planning Committee, the 708 Board has not done much to reach out. Ms. Willis stated that she had just come from a luncheon hosted by The Women’s Center, and had attended a meeting of the Southern Illinois Behavioral Health Consortium last month, and that both events had highlighted collaboration with other agencies. She stated that, since so many topics are under the umbrella of what the 708 Board is charged with, they could be a participant in many community events.

The following 3 year goal was discussed:

“promote good mental health in Jackson County by actively supporting the long term goals of JCHD and SIH”

This goal involves specifically engaging in behaviors supporting the needs assessments and long term planning of two large community stakeholders: the Jackson County Health Communities Coalition and Jackson County Health Department’s Jackson County Community Health Improvement Plan (IPLAN) which is done every five years, and the Southern Illinois Healthcare Community Health Needs Assessment (CHNA) which is done every three years. More detailed information is attached. Ms. Willis noted that the 708 Board can focus its efforts by taking advantage of the information gathering which these large organizations have already completed.

Ms. Baumann noted that supporting the IPLAN and CHNA also ties in with building community partnerships.

The following 3 year goal was discussed:

“host special guests and invited speakers at Board meetings and at community events”

Ms. Schwartz commented that the Committee had discussed having graduate students from Southern Illinois University Carbondale come and speak to the 708 Board, explaining their research in preparation for defending their theses. This would allow the Board to stay on the cutting edge of research in the fields of Mental Illness, Intellectual/Developmental Disabilities, and Substance Abuse. It would also benefit the students.

Ms. Baumann stated that it is also good to hear from staff at different layers within the funded organizations, and that the 708 Board currently doesn’t actually hear from the people doing the jobs they are funding. At this time, usually the directors of each agency speak at the 708 Board meetings (and attendance is not required). Widening the range of invited speakers would result in developing a true partnership with the agency, not just having a relationship with the top level. Ms. Willis stated that The Women’s Center did that at the luncheon today. The leadership spoke and then the people doing the work spoke. It was agreed that it would also be useful for 708 Board members to visit the Board meetings of their funded agencies, creating a two way street.

The following 3 year goal was discussed:

“encourage and strengthen collaboration and reporting mechanisms between agencies receiving 708 funding”

Ms. Baumann suggested that the wording be revised to “between and among” agencies receiving 708 funding. This goal also entails revising and expanding the agency reports. A vocational person’s report would be more hands on, more anecdotal. It is important to get to know the agencies more intimately in order to support them in the best way possible. The agencies can also build connections and support one another more fully.

The following 3 year goal was discussed:

“add flexible funding component to the annual budget and fund mid-year initiatives and opportunities in the community”

Ms. Willis repeated her assertion that the mini-grants don't have to be a lot of money. Even \$500 would be helpful. She stated that it would be exciting to encourage small projects and would also result in the 708 Board becoming more visible in the community. Someone from the Board could attend the funded projects upon their completion. The question arose as to whether the Budget Committee would meet regularly throughout the year, to consider funding mini-grant applications, or whether these would be placed on the agenda every other month for the full Board to decide. This would be a question for the Board.

Ms. Baumann considered all nine of the goals and concluded that if the 708 Board can get those things accomplished, they will have done a lot. She stated that the goals can be revised as needed but they are solid starting points. We start with ourselves, review ourselves, then go out and build partnerships and relationships, then identify community needs and, once they are identified, see if we can address them.

Ms. Willis explained to Ms. Baumann that the 708 Board can have a Facebook page if they so wish. The County Board does not have regulatory authority over the 708 Board; it merely makes the appointments. This is per Dan Brenner, Assistant State's Attorney. She said that social media is a phenomenon that is not going away, and having that presence is important if we want to be viable in the 21st century. Ms. Baumann commented that the most important thing is to designate someone to keep it current. A daily update is best but a weekly update may be more feasible. Ms. Schwartz was asked to leave this on the agenda for the full Board meeting. This responsibility may be added to one of the Board Officer roles, such as Vice President or Secretary; this would entail a bylaw change.

Ms. Willis wondered whether Perry-Jackson Child Advocacy Center could possibly rent space at the Eurma C. Hayes Center, 441 E. Willow Street, Carbondale. She stated that she would follow up with Dr. Scales, who is also on that Board. The Women's Center RCS Advocate, Nancy Maxwell, works in their satellite office at Eurma Hayes. It is possible that she can also be contacted to find out more information on the building's availability. It would be an appropriate geographical location for the Perry-Jackson Child Advocacy's services and the rent would likely be within their budget constraints.

With no further business before the Committee, motion by Baumann, seconded by Willis, to adjourn. Motion carried on a unanimous voice vote. Meeting adjourned 2:02 p.m.

IPLAN Notes

The current IPLAN can be found at http://www.jchdonline.org/images/jchd_data/admin-support/iplandocument2015-2020.pdf. It spans Jan. 1, 2015 – Dec. 31, 2019 and includes the following behavioral health goals:

Improve Access to Behavioral Health Services

Decrease misuse of prescription drugs by:

- Increasing awareness of misuse and its consequences.
- Increasing options for safe storage and disposal of medications.
- Expand alternatives to incarceration.

Increase the number of children and adults receiving treatment for depression and anxiety by:

- Increasing the awareness of the prevalence of depression and anxiety as well as the availability of effective treatments.
- Increasing screening and early detection for depression and anxiety.

CHNA Notes

SIH is required to complete a CHNA every three years, as part of the Affordable Care Act, and is now in the process of developing the 2016 one. The current CHNA can be found at http://www.sih.net/documents/comm_benefits/chna/MHC-CHNA.pdf.

The 2012 CHNA Implementation Strategy (Appendix 2) includes the following behavioral health goals:

Improve Access to Care

Goals (pp.51-52):

Remove barriers to health care

Provide the right care, in the most appropriate setting, at the right time

Objectives:

Increase the proportion of persons with a usual primary care provider

Decrease the number of emergency department visits for behavioral/mental health conditions

Strategies:

Ensure access to care for persons with mental illnesses and substance abuse disorders

Engage with Health Communities Coalitions to promote and facilitate Access to Care

Promote health equity through policy and advocacy

Promote/communicate currently available resources

Collaborate to support non-emergency medical transportation

Initiatives (p.63-64):

Ensure access to care for persons with mental illnesses and substance abuse disorders

- *Mental Health Emergency Stabilization Center* – date TBD
- *Behavioral/Mental Health “crisis hotline” and ED screening*: SIH and H-Group collaborate to provide rapid access crises services for patients with behavioral/mental health needs presenting in local emergency departments

- H-Group: Behavioral/Mental Health Open Access – innovative scheduling approach to alleviate wait time for patients seeking care
- *SI Behavioral Health Consortium* convened by CRHSSD
- CRHSSD provides professional development regarding bullying and suicide prevention; promote transportation access through Rural Medicine Transportation Network; technical assistance, pursue funding opportunities, and evaluation assistance.
- *SIU Student Health*: Restructured behavioral health service delivery by combining the counseling center, mental health services, and wellness counseling to improve efficiency and reduce wait time to first appointment. Incorporate “alcohol.edu,” a software intervention program, into the University’s new student orientation; Rewrote core survey for drug and alcohol usage measurement; promote alcohol free campus events (tailgating) and counter-marketing and harm-reduction strategies for community drinking events; Implemented new sanctions program requiring students arrested for drug/alcohol offenses to pay for 3 educational sessions.
- *Bi-County Health Dept.:* Mental health referrals to H-Group/Shawnee Behavioral Health Centers; participate in Joint Access to Care Action Team
- *Jackson County Health Dept.:* Provide access (funding) to HIV positive individuals for mental health services; conduct prenatal depression screenings on WIC clients. Refer WIC clients to mental health services; participate in conducting needs assessment regarding mental health access with Joint Access to Care Team. Health promotion messaging regarding drinking/impaired driving and designated driver program.
- Perry County: behavioral/mental health counseling incorporated into clinic visits; maintain collaboration with Perry Counseling Center to provide behavioral health services.

Engage with Health Communities Coalitions to promote and facilitate Access to Care

- *Healthy Communities Coalition*: Joint Access to Care Team focus on dental and behavioral/mental health in Southern Illinois; Behavioral Health Action Team authors regular newspaper column focusing on mind and body health

Promote health equity through policy and advocacy

- *Medical Legal Partnership SI*: address the effects of poverty on health through a collaborative effort; provide legal assistance to low-income and underinsured adults seeking medical care. This ongoing medical-legal collaboration between Land of Lincoln Legal Services and Southern Illinois Healthcare addresses many of the social issues faced by patients contributing to their health care needs. Legal assistance is made available to patients on-site at a clinic or hospital in the areas of public benefits, disability, family, housing and consumer issues

Promote/communicate currently available resources

- *Recreational and Youth Services*: Partners: Boys and Girls Club of Carbondale, Carbondale Park District, local health departments and schools
- *Illinois 211*: United Way of Southern Illinois is engaged in an effort to establish regional emergency communications
- The Place – resource center. Grand opening Mar/April 2013

Collaborate to support non-emergency medical transportation

- Non-emergency medical transportation: SIU Center for Rural Health and Social Service Development, SIH, and other community partners are exploring opportunities for improved transportation access through Rural Medicine Transportation Network