

Mental Health services in Jackson and Williamson Counties

Provider Name Address Phone	Ages served	Serves 3-5 year olds	Play therapy available	Family or Couples therapy offered?	Psychiatric Services Offered	Counties served	Accepts medical card	Copay	Waitlist
Archway 1108 W Willow St Carbondale, IL 62901 618- 549-4442	Birth-5 years	Yes	No Offers Group therapy for 2-5 year olds	No <u>Tikes Home Visiting Program</u> Serves children ages birth to 3 years old who are at risk. Must meet at least three of their criteria to qualify. <u>Early Intervention Program</u> Serves children Birth-3 years old. Must be referred through Child and Family Connections	No	Jackson Perry	No fees for services	No	No
Herrin Behavioral Health 202 South Pershing St Energy, IL 62933 618-988-9843	4 years and older	4 years and older	Yes for 4 years and older	Family therapy-Yes Couples therapy-Yes	Yes 6 and up	Williamson Jackson	No	Varies depending on your insurance	Depends on provider -Counseling can get in right away. (Usually within one week).
Illinois Centre for Behavioral Health-Marion 3111 Williamson County Pkwy Marion, IL 62959 618-997-3647	Over 18	No	No	Family therapy-yes Couples therapy-yes	Yes	Williamson Franklin Jefferson Jackson	Yes	Depends on insurance. Copay is \$3.90 with Medical card	No -Must have an intake done before family or couples counseling can be provided. The intake is done on a walk-in basis.
Illinois Center for Behavioral Health-Carbondale 101 South Wall Street Carbondale, IL 62901 618-969-8283	Over 18	No	No	Family therapy-No Couples therapy-No	Yes	Franklin Williamson Jefferson Jackson	Yes	Depends on insurance. With Medicaid \$3.90	No
Lutheran Social Services 1616 West Main St Marion, IL 62959 618-997-9196	3 years and older	Yes	Play technique provided-No certified therapist to provide play therapy	Family therapy-Yes Couples therapy-No	No	Jackson Williamson	No.	Sliding fee based on income	Current waitlist is 1-2 months.

Mental Health services in Jackson and Williamson Counties

Provider Name Address Phone	Ages served	Serves 3-5 year olds	Play therapy available	Family or Couples therapy offered?	Psychiatric Services Offered	Counties served	Accepts medical card	Copay	Waitlist
Murphysboro Health Center 7 Hospital Dr. Murphysboro, IL 618-687-3418	Infant and older	Yes	No	Family therapy-Yes Couples therapy-No	Only adults	Jackson Williamson	Yes	\$3.90 Sliding fee not available for clients living outside of Jackson and Williamson Counties	None -In order to receive family therapy you have to have an intake, meet with a case manager and be referred through the case manager
Shawnee Health Care 400 South Lewis Lane Carbondale, IL 62901 618-519-9900	Infant-18 years old	Yes	Clinical psychologist RARELY serves children under 5. Primarily serves children 7 and older.	Family therapy-No Couples therapy-No	Yes adults only	Jackson Williamson	Yes	Based on insurance	None
SIU Clinical Center 625 Wham Dr. Carbondale, IL 62901 618-453-2361	2 years and older	Yes	Yes	Family therapy-Yes Couples therapy-Yes	Yes (do not prescribe medication)	Jackson Williamson	No	\$5-\$30 /session based on income	Usually a week
H Group 2311 South II Ave Carbondale, IL 62901 (618) 457-6703	3 years and older	Yes	Yes	Family therapy-No Couples therapy-No Parenting Group Tues 10am-12pm \$10/session \$50 up front if not a client—If a client more paper work is needed.	Yes through Dr. Chandra. Does not do assessments. Must already have mental health diagnosis.	Jackson Williamson	Yes	Private insurance-call and talk to billing specialist to determine co-pay Medicaid will be charged copay	None Open access times for those with Medicaid: C-Dale M and Th 8-3 Marion M-Th: 8-3 F: 11-3 West FrankFort T and W 8-3 F: 11-3
Southern Illinois Center for	3 and	Yes	Yes	Family therapy-Yes	No	Jackson	No	\$100 for 50	None

Mental Health services in Jackson and Williamson Counties

Provider Name Address Phone	Ages served	Serves 3-5 year olds	Play therapy available	Family or Couples therapy offered?	Psychiatric Services Offered	Counties served	Accepts medical card	Copay	Waitlist
--	------------------------	---	-----------------------------------	---	---	----------------------------	---------------------------------	--------------	-----------------

Art and Play Therapy 105 North Emerald Lane Carbondale, IL 62901 618-534-3393	up			Couples therapy-Yes		Williamson		minute \$120 for 60 minute session	
---	----	--	--	---------------------	--	------------	--	---	--

Affordable Care Act information: I spoke with LaShanda Thomas at Jackson County Health Department and she said that the ACA would impact our County and Williamson County, by increasing access to mental health and substance abuse services.

Implications:

- Two agencies provide psychiatric services to 3 and 4 year olds -of the two, only one accepts Medicaid
- Seven agencies provide family therapy -of the seven, only three accepts Medicaid
- Five agencies provide couples therapy -of the five, only one accepts Medicaid
- Four agencies provide play therapy to 3 and 4 years old -of those four, only one accepts Medicaid
- Only one agency, the H Group, serves 3 to 5 year olds, provides play therapy and accepts Medicaid
- Only five agencies accept Medicaid
- Eight agencies provide some type of service to 3 to 5 year olds
- All agencies accept clients outside of their own county, but seeking services outside of their own county may impact parent's payment for services
- Nine of the agency's copays depend on insurance or income and range in price from free to \$100 a session. This will impact parent's options for services
- Three agencies have a waitlist ranging from one week to two months

Next Steps:

- Theresa will use this matrix as a resource when talking to families about obtaining mental health services
- Share this information with all staff-paper copies, place on COMMON
- Update information annually so that matrix is up to date and valid
- Get parent feedback from parents who use the matrix
 - Usefulness of matrix
 - Accuracy of information
 - Feedback about agencies used